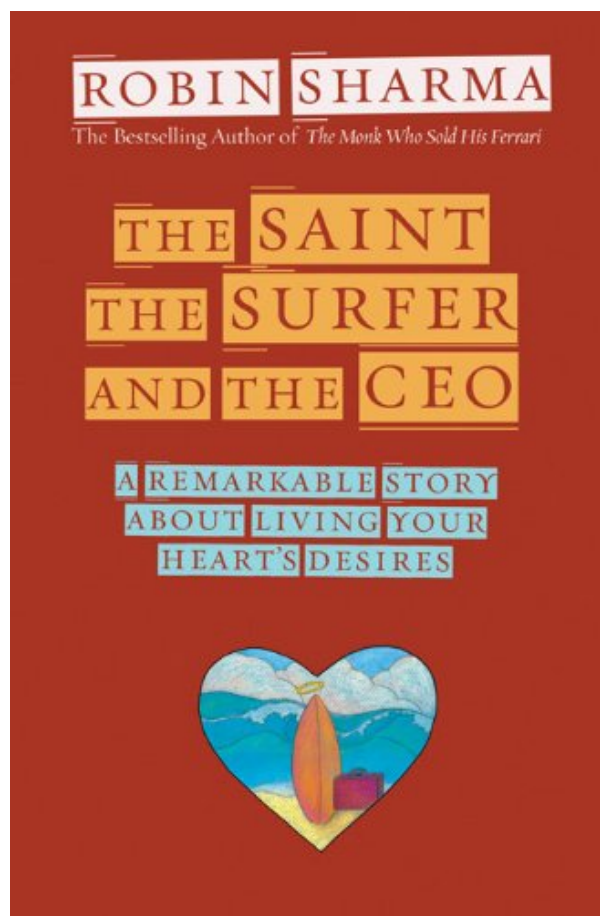


THE SAINT, THE SURFER, AND THE CEO: A REMARKABLE STORY ABOUT LIVING YOUR HEART'S DESIRES BY ROBIN SHARMA



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ROBIN SHARMA

The Bestselling Author of *The Monk Who Sold His Ferrari*

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From Publishers Weekly

Jack Valentine is having a very bad day. He's chronically unhappy, unfulfilled and broke; his girlfriend has left him; and he's just been hit by a truck. Still, when he wakes up in a hospital covered in bruises, he's certain it's all happening for a reason. As Jack recovers, his dying hospital roommate, who happens to be Jack's long-lost father, imparts some final advice: the only three questions that matter are whether one has lived wisely, loved well and served greatly. He sends Jack on a journey around the world to meet three teachers (the saint, surfer and CEO), who guide him through a spiritual transformation and help him answer the three questions. Sharma, a motivational speaker and "life coach," has attempted a spiritual allegory ... la Paulo Coelho's classic, *The Alchemist*. Unfortunately, Sharma's book lacks any narrative drive, the characters are thinly rendered and the dialogue is almost comically wooden ("You're getting to be a pretty good surfer there Jack." "It's become a passion of mine Moe"). Readers seeking Sharma's brand of advice (e.g., "see your life as a fantastic growth school" and "be true to yourself") will lose nothing simply turning to the last page, where the book's lessons are laid out in 10 succinct bullet points.

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About the Author

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“Release any concerns that you have about this path you’re about to walk on, and just go into it with the curiosity of a child, knowing that you’ll come out on the other side as a new person, or to be more accurate, far more of the person who you truly are and have been created to be.”

Jack Valentine seemed to have it all. He made good money as an adman, and looked good doing it. He had a hot apartment, cool friends, even a slick car—at least until the hectic Monday morning a truck smashed into it, sending the critically injured Jack to the hospital.

Everything happens for a reason, though, and Jack’s reason reveals itself in the silver-haired cancer patient who becomes his roommate one evening. The elderly man, Cal, shares his life story—one not dissimilar to Jack’s—of material wealth masking a gaping hole within. Cal ultimately found salvation through philosophy (“the love of wisdom”), and now offers to help Jack by prepping the younger man for the Final Questions we all must face: Have I lived wisely? Have I loved well? Have I served greatly?

Presenting Jack with three plane tickets, each accompanied by a map marked with a red X, Cal sends Jack to meet with three great teachers, each of whom will help Jack answer one of the Final Questions—just as they once helped Cal. First, in Rome, Jack will meet “the Saint.” Then a haunted beach in Hawaii introduces him to “the Surfer.” And finally the grandeur of New York City sets the stage for his last encounter: with “the CEO.”

Along the way, Jack will learn to do his interior work, discover that our negative traits offer gateways to higher versions of ourselves, and understand that figuring things out in your head can distract you from the powerful whispers of your heart. Join Jack on his journey and step into the you that you were always meant to be.

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Most helpful customer reviews

0 of 0 people found the following review helpful.

Simple Life Truths When Practiced Will Change Your Life

By Janet

The Monk Who Sold His Ferrari exceeded my expectations. There are very few books I would consider life changing. This book however, I can confirm, changed my life, turned on a light in my thinking and certainly my destiny. I have read and reread it numerous times and highlighted the best messages applicable to my own life. It has been quite valuable and has arrived at a time in my life, when every word feels applicable as though the author has been sitting on my shoulder or visiting my living room. This book provides practical use for taking ownership of your life, controlling your destiny, your happiness. Guidelines for transforming your fears and controlling your mind. Self discipline, self control, self government, willpower which help create strong character and lives we choose to live with joy and truth. Following the simple guidelines provided can help transform your life into what you were meant to be, instead of what the world told you who you should be. I have shared this book multiple times and I have found that following and practicing the guidelines included in this book will change how you feel about yourself and ultimately how you contribute to the world. I am a believer, it simply works. I would recommend it to anyone who wants to live their best life, find happiness, success and be yourself in truth, even when those around you can't or won't. You will find your coworkers and people in your life who are closest to you will notice something different about you. Joy, happy, hopeful. In this book the guidelines will help you to learn to live with joy, courage, while, cherishing the value of time which we have so little on this earth and finding a life with purpose, which will ultimately help you fulfill your destiny. Since reading this book and practicing the simple guidelines I have had some amazing opportunities come to me, both professionally and personally. It's simply been a gift. The Seven Virtues of Enlightened Living. Master your Mind. Follow your purpose. Practice Kaizen. Live with Discipline. Respect Your Time. Selflessly Serve Others. Embrace the Present.

3 of 3 people found the following review helpful.

A lesson for me?

By Chris Jaronsky

I enjoyed this book. It is a compilation of helpful and inspirational thoughts and ideas from all the other books and tapes currently marketed. Kind of a "cliffs notes" of self-discovery.

The author sets the fictional story in a hospital where an accident victim is recovering. He is met by his father, who he has not seen in decades, and his father gives him some advice and a letter before the father passes away. The letter contains details on three life coaches the son must go meet so he can learn and uncover his true self.

The first coach is a priest in Rome. The priest teaches him how to live wisely, using a metaphor of a stained glass window. You see life colored by your perceptions, like looking through a stained glass window you see things colored by the glass. Change your perceptions and life changes.

The second coach is the surfer, who teaches him how to love well. He teaches him to stop living in his head and start living in his heart. Live in the moment and enjoy what is happening right now. Everything you do comes from a place of love or a place of fear. Where are your thoughts coming from right now.

The third coach is a CEO of a brokerage firm. She teaches him how to serve greatly. Telling him you can get anything you want in life if you just help enough other people get what they want, and you must conduct yourself with the utmost integrity.

The majority of this book I have read or heard in other places. Its not new material, but it is presented in a new way. One part of the book talks about how every meeting with another person is your chance to learn something new. If you keep meeting up with people who are filled with problems or complaints, its because they are being sent to you so you can learn a lesson that you need right now. They will continue to be sent to you, UNTIL you learn these lessons.

I guess that makes sense. Maybe this book came my way because it contains a lesson I still need to learn?

6 of 6 people found the following review helpful.

Insightful and Entertaining!

By Scuba Girl

I thoroughly enjoyed this book. It is written as a fictional story, but it is chock-full of wisdom and inspiration.

This book is about determining what really matters in life- not money, not material possessions, but the real stuff of life. The main character meets with three inspirational coaches who each offer a slightly different perspective and different advice on living an extraordinary life.

As a Professional Life Coach, I am always looking for books with deep wisdom and useful metaphors. I read this book with my highlighter in hand and I soon found that I had highlighted nearly the entire book! This is a book I will definitely read again and will recommend to my clients.

The information in this book is not new. Many other self-help books contain similar words of wisdom and advice. What was new about this book was the fact that it was an entertaining and easy read. It also contained many metaphors and examples that made it easy to relate to the concepts presented.

This is a wonderful book for anyone who is searching for meaning in their life. Give yourself time to really absorb the concepts and apply them to your life. You may find your life and your world transformed as a result.

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