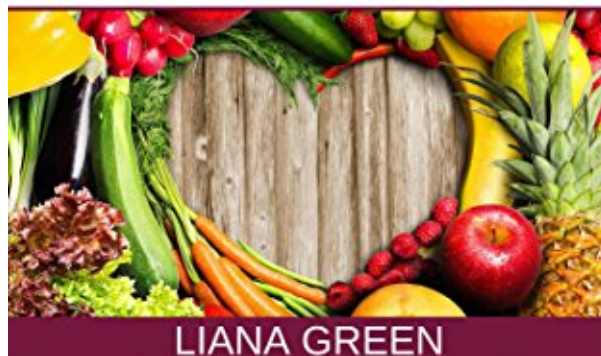


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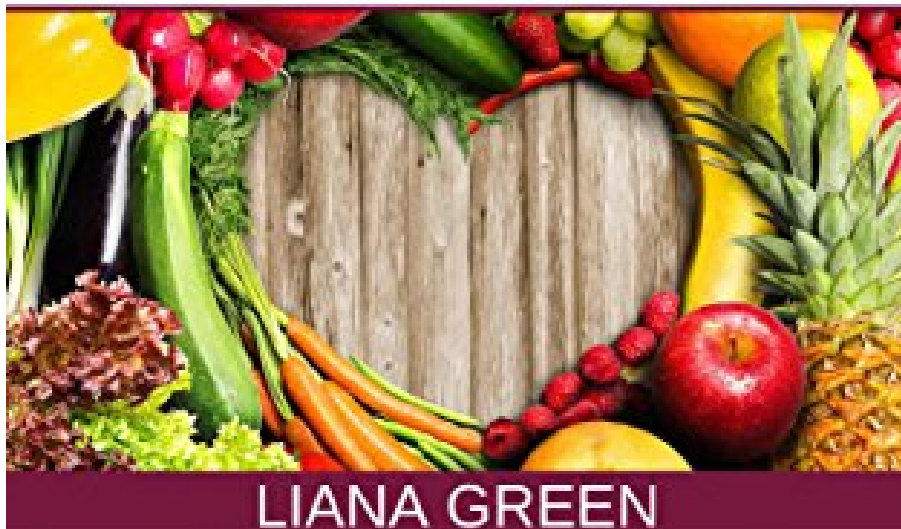




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Nutri Ninja Recipe Book - 70 Smoothie Recipes for Weight Loss, Increased Energy and Improved Health
The Nutri Ninja Pro Blender is a powerful 900 watt blender capable of extracting nutrients and vitamins. Capable of blending all fruits and vegetables whilst crushing ice, seeds and skins to create delicious smoothies for you to enjoy.

Why Read The Nutri Ninja Recipe Book?

- Increase your energy levels and feel great about yourself
- Improve your health
- Perform better in workouts and sporting events – reach peak fitness
- Look amazing with clear skin, vibrant eyes and be your perfect weight
- Live the life you deserve – wake up in the morning with endless energy!

Make the very same recipes I have researched and tested out to;

- Lose weight and look great
- Train for a marathon
- Improve my children's health by getting them to drink nutrient rich smoothies. I never dreamt they would be consuming spinach, kale and avocados on a daily basis, and enjoying it!

What Recipes Are Included?

With chapters dedicated to weight loss, increased energy, sports drinks, clearer skin, a healthier heart, superfood smoothies, natural remedies, breakfast smoothies, smoothies for kids, there is something for everyone.

The following are a small taster of the 70 smoothie recipes included in the Nutri Ninja Recipe Book;

Berry Peachy
Chocolate Velvet
Vitamin Vrrrooom
Purple Punch
Mango Tango
The Beetroot Bolt
Brazilian Beauty
Peachy Lemonade
The Anti-Sneeze
The Pick Me Up

- Sales Rank: #77116 in eBooks
- Published on: 2015-02-02
- Released on: 2015-02-02

- Format: Kindle eBook

Most helpful customer reviews

12 of 12 people found the following review helpful.

So many great recipes and other health info!

By i devour books

This book really exceeded my expectations! I'm sure we've all seen recipe books that are nothing more than a boring list of ingredients and directions. Well, not this book!

The author gives a lot of great health and nutrition info at the start, which is helpful. And as someone who loves my green juice, I actually got some great ideas from this book - like chilled green tea for a liquid base (I normally just use coconut water).

I also enjoyed how all the recipes give you a "why" in term as to why certain ingredients are good for you (like weight loss or better skin).

The recipes all have cute names, which is just fun. Overall, this recipe book is a steal at this price! And I'm stoked that I have so many yummy New recipes to try out.

0 of 0 people found the following review helpful.

Four Stars

By Bruce

I love the recipes, but what setting should I be using.. Extract, or Blend? I own the Nutra Ninja.....

0 of 0 people found the following review helpful.

Four Stars

By Amazon Customer

SOME REALLY GREAT JUCES HELPED ME TO LOOSE SOME WEIGHT. EASY RECIPES

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