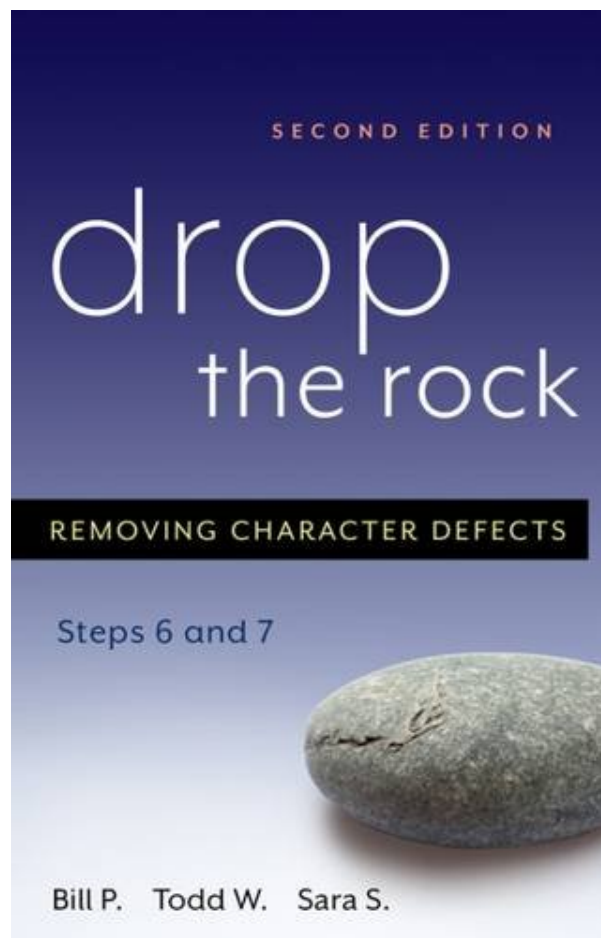


**DROP THE ROCK: REMOVING  
CHARACTER DEFECTS - STEPS SIX AND  
SEVEN BY BILL P., TODD W., SARA S.**



**DOWNLOAD EBOOK : DROP THE ROCK: REMOVING CHARACTER DEFECTS  
- STEPS SIX AND SEVEN BY BILL P., TODD W., SARA S. PDF**



SECOND EDITION

# drop the rock

REMOVING CHARACTER DEFECTS

Steps 6 and 7



Bill P. Todd W. Sara S.

Click link bellow and free register to download ebook:

**DROP THE ROCK: REMOVING CHARACTER DEFECTS - STEPS SIX AND SEVEN BY BILL P., TODD W., SARA S.**

[DOWNLOAD FROM OUR ONLINE LIBRARY](#)

## **DROP THE ROCK: REMOVING CHARACTER DEFECTS - STEPS SIX AND SEVEN BY BILL P., TODD W., SARA S. PDF**

Well, book *Drop The Rock: Removing Character Defects - Steps Six And Seven By Bill P., Todd W., Sara S.* will make you closer to just what you are ready. This *Drop The Rock: Removing Character Defects - Steps Six And Seven By Bill P., Todd W., Sara S.* will be always buddy at any time. You might not forcedly to constantly finish over checking out a publication basically time. It will certainly be simply when you have extra time as well as investing few time to make you really feel enjoyment with exactly what you check out. So, you can obtain the meaning of the message from each sentence in the publication.

### About the Author

Bill holds advanced degrees in applied sociology and archival methods. Having worked in this field for over twenty-five years, he has also authored 15 books on the history of AA and 12-step recovery. He worked at the headquarters of Alcoholics Anonymous for five years in New York City. Bill's primary interest is the founding period of AA and the writing of their text in 1939.

# **DROP THE ROCK: REMOVING CHARACTER DEFECTS - STEPS SIX AND SEVEN BY BILL P., TODD W., SARA S. PDF**

[Download: DROP THE ROCK: REMOVING CHARACTER DEFECTS - STEPS SIX AND SEVEN BY BILL P., TODD W., SARA S. PDF](#)

## **Drop The Rock: Removing Character Defects - Steps Six And Seven By Bill P., Todd W., Sara S.**

Discovering how to have reading behavior is like learning to try for eating something that you actually do not desire. It will certainly need more times to aid. Additionally, it will certainly likewise little make to serve the food to your mouth and also swallow it. Well, as reading a book Drop The Rock: Removing Character Defects - Steps Six And Seven By Bill P., Todd W., Sara S., in some cases, if you should read something for your new tasks, you will really feel so dizzy of it. Even it is a book like Drop The Rock: Removing Character Defects - Steps Six And Seven By Bill P., Todd W., Sara S.; it will certainly make you really feel so bad.

Why need to be *Drop The Rock: Removing Character Defects - Steps Six And Seven By Bill P., Todd W., Sara S.* in this website? Obtain more profits as what we have told you. You could locate the various other eases besides the previous one. Relieve of getting the book Drop The Rock: Removing Character Defects - Steps Six And Seven By Bill P., Todd W., Sara S. as exactly what you desire is also provided. Why? We provide you several sort of the books that will certainly not make you really feel weary. You could download them in the web link that we offer. By downloading Drop The Rock: Removing Character Defects - Steps Six And Seven By Bill P., Todd W., Sara S., you have actually taken the proper way to choose the convenience one, compared with the trouble one.

The Drop The Rock: Removing Character Defects - Steps Six And Seven By Bill P., Todd W., Sara S. has the tendency to be excellent reading book that is understandable. This is why this book Drop The Rock: Removing Character Defects - Steps Six And Seven By Bill P., Todd W., Sara S. comes to be a preferred book to review. Why do not you desire become one of them? You could delight in checking out Drop The Rock: Removing Character Defects - Steps Six And Seven By Bill P., Todd W., Sara S. while doing other activities. The visibility of the soft data of this book Drop The Rock: Removing Character Defects - Steps Six And Seven By Bill P., Todd W., Sara S. is type of getting encounter easily. It includes exactly how you must conserve the book Drop The Rock: Removing Character Defects - Steps Six And Seven By Bill P., Todd W., Sara S., not in shelves certainly. You could save it in your computer tool as well as gadget.

## **DROP THE ROCK: REMOVING CHARACTER DEFECTS - STEPS SIX AND SEVEN BY BILL P., TODD W., SARA S. PDF**

Resentment. Fear. Self-Pity. Intolerance. Anger. As Bill P. explains, these are the "rocks" that can sink recovery- or at the least, block further progress. Based on the principles behind Steps Six and Seven, Drop the Rock combines personal stories, practical advice, and powerful insights to help readers move forward in recovery. The second edition features additional stories and a reference section.

- Sales Rank: #3223 in Books
- Brand: Unknown
- Published on: 2005-02-11
- Released on: 2005-03-01
- Original language: English
- Number of items: 1
- Dimensions: 8.50" h x 5.50" w x .25" l, .40 pounds
- Binding: Paperback
- 132 pages

### Features

- Drop The Rock: Removing Character Defects: Steps Six and Seven

### About the Author

Bill holds advanced degrees in applied sociology and archival methods. Having worked in this field for over twenty-five years, he has also authored 15 books on the history of AA and 12-step recovery. He worked at the headquarters of Alcoholics Anonymous for five years in New York City. Bill's primary interest is the founding period of AA and the writing of their text in 1939.

### Most helpful customer reviews

2 of 2 people found the following review helpful.

An ESSENTIAL book for 12 Step Recovery

By Mick Vegas

This should be a required text for 6th & 7th Step work! This book is very user-friendly and easily comprehended by those who are new to recovery. I truly believe that the instructions contained within the "Big Book" are absolutely essential for recovery. However, I also find it is very deceptive in it's brief and concise explanation of the 6th & 7th steps... as if to suggest they don't need as much attention. Therefore, I have noticed that these two steps are often completed in the time it takes to read the two short paragraphs in the Big Book. Fortunately, there is more instruction and discussion in the "12 & 12", however, the language and metaphor are often quite challenging for those who are new to recovery. That's where this book comes to the rescue! This book walks you through the thought processes of recognizing, identifying and eliminating those defects of character or "shortcomings" which cause us to remain unhappy, unsatisfied and unsuccessful in life. This book provides a fresh and in-depth look at steps 6 & 7 in way that anyone can understand. I have found it to be effective in helping the newcomer to identify the underlying fears with cause the defects of

character to activate, so that they may learn the skill of NOT "stepping on the toes of their fellows" and thus, create more harmony in their lives and relationships with others. I highly recommend this book as an essential supplement to the Big Book & 12 & 12 when working steps 6 & 7.

178 of 181 people found the following review helpful.

Spirituality on the Graduate Level

By madhatter

Bill Wilson referred to AA as a 'Spiritual Kindergarten'. If that is so, then the material in 'Drop The Rock' is for those of us at the Masters or Doctoral level.

This book is NOT for the newcomer. Nor is it for those who are blissfully filling their days by 'not drinking and going to meetings'. 'Drop The Rock' is clearly targeted at those who have been sober for some time, but find there are still persistent annoying life problems that resist the all the work one has put into fixing these flaws.

This book is short, concise and to the point. The authors have left out much of the new-agey recovery jargon and slogans that weighs down most meetings. Instead, they approach Steps 6&7 from a practical and logical perspective which demystifies the two steps on which so much of our future happiness hangs.

It is an excellent book. One which you could build a meeting or study group around. However, the book is not for everyone. 'Drop The Rock' is only for those who know the intense hunger of desiring real change in life.

.

3 of 3 people found the following review helpful.

Helps with the 'weight' ;)

By Amazon Customer

I am a grateful 12-stepping person. I recognized my need for coaching as I've floundered a bit even with sponsor help. I Googled "6th step" and this was a found treasure. It is good for me as I've been in a program for three years now and able to more honestly take action to heal. I read one review that suggests this book could be a bit too much for a newer 12-stepping person... This may be so. For me I had to come to know myself enough to see I needed such a tool...

And what this book does is provoke a deeper self-awareness. Am I still under the weight of 'rocks' that I cling too and which limit my reaching a new platform of peace in my life? Have I been willing to do my part in changing what I can? Do I expect my HP to do it ALL for me...like remove a limiting habit...yet I embrace it so darn fervently? Can I logically expect my HP to override my will? I need to do my part... And thus goes the 12-stepped based discussion of changing myself... Of the classic "3-A's" of awareness, acceptance and action.

I credit this book as a vehicle that is helping me motivate myself to drop the rocks and to BE WILLING to have my HP remove the layers of gnarly sediment that has hidden the buoyant soul...I am suggesting a buyer consider buying too "Fearless Relationships" by Karen Casey as this book motivates and challenges me to think differently and be willing to act-as-if....but Casey's book provides a more 'how-to-do-it'...and reading them combined ( and rereading) has been good.

Enjoy and grow.

See all 570 customer reviews...

## **DROP THE ROCK: REMOVING CHARACTER DEFECTS - STEPS SIX AND SEVEN BY BILL P., TODD W., SARA S. PDF**

By saving **Drop The Rock: Removing Character Defects - Steps Six And Seven By Bill P., Todd W., Sara S.** in the gizmo, the means you check out will certainly also be much less complex. Open it and also begin reviewing Drop The Rock: Removing Character Defects - Steps Six And Seven By Bill P., Todd W., Sara S., simple. This is reason why we recommend this Drop The Rock: Removing Character Defects - Steps Six And Seven By Bill P., Todd W., Sara S. in soft file. It will not interrupt your time to obtain guide. Additionally, the online air conditioner will also ease you to search Drop The Rock: Removing Character Defects - Steps Six And Seven By Bill P., Todd W., Sara S. it, even without going someplace. If you have connection net in your office, home, or gadget, you can download Drop The Rock: Removing Character Defects - Steps Six And Seven By Bill P., Todd W., Sara S. it directly. You could not likewise wait to get the book Drop The Rock: Removing Character Defects - Steps Six And Seven By Bill P., Todd W., Sara S. to send out by the vendor in other days.

### About the Author

Bill holds advanced degrees in applied sociology and archival methods. Having worked in this field for over twenty-five years, he has also authored 15 books on the history of AA and 12-step recovery. He worked at the headquarters of Alcoholics Anonymous for five years in New York City. Bill's primary interest is the founding period of AA and the writing of their text in 1939.

Well, book *Drop The Rock: Removing Character Defects - Steps Six And Seven By Bill P., Todd W., Sara S.* will make you closer to just what you are ready. This Drop The Rock: Removing Character Defects - Steps Six And Seven By Bill P., Todd W., Sara S. will be always buddy at any time. You might not forcedly to constantly finish over checking out a publication basically time. It will certainly be simply when you have extra time as well as investing few time to make you really feel enjoyment with exactly what you check out. So, you can obtain the meaning of the message from each sentence in the publication.